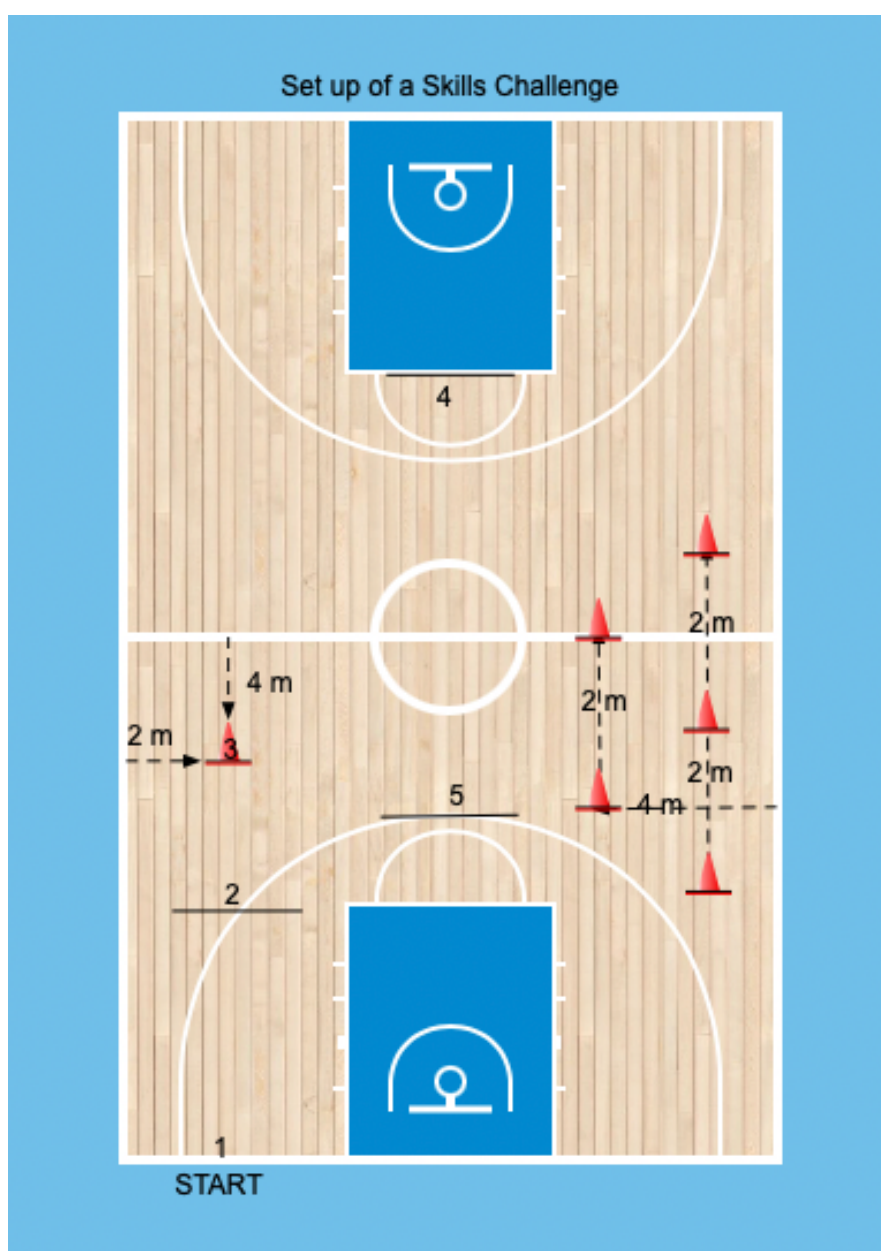


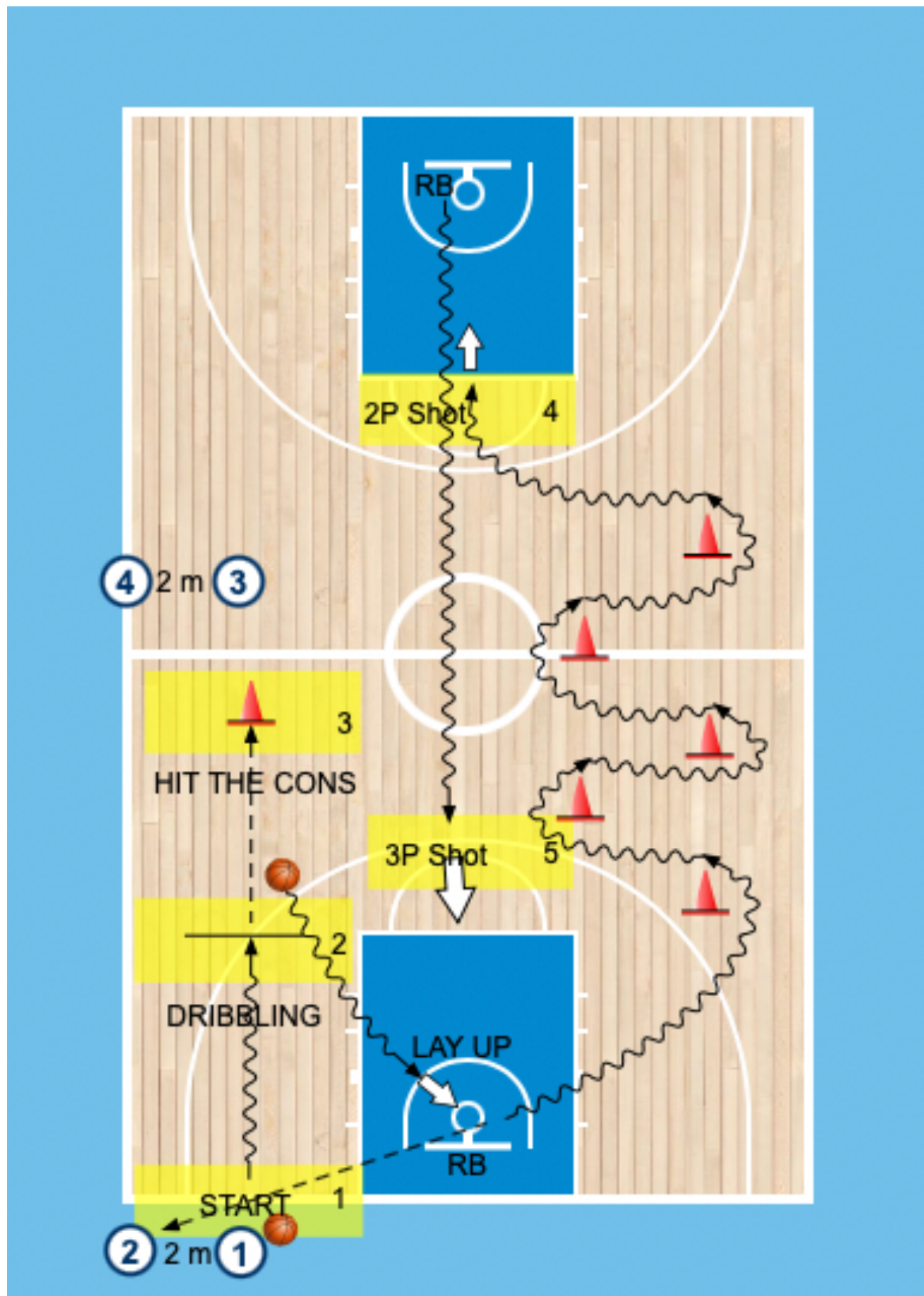
CHAMPIONSHIP 13TH/14TH MARCH 2021

Each team participating at the Skills Challenge should be composed of four (4) players appearing. The coach will thus select four players to represent their team. Each player will compete in two different drills.

Drill 1: Team Skills Challenge

The court must be set up exactly as per the official court setup provided below.







SKILLS CHALLENGE 2021

Scolaires/ Filles-Scolaires



The U16 Skills Challenge shall be played as follows:

1) The first player begins the challenge from the START position (#1), behind the baseline and the count-up clock (official time) starts running when he/she crosses the baseline dribbling.

2) Player # 2 is at the baseline, and players # 3 and # 4 are at the half court line with 2 m distance at all time.

3) The player 1 dribbles to Position 2 (yellow rectangle) and has one attempt to pass the ball and hit the cone, target located at Position 3.

A successful attempt will be awarded 1 point. After the attempt, he/she takes the other ball (located next to the passing line, position 2) and goes for a layup as shown at the picture. The player must score one successful attempt before continuing. No points shall be awarded for the successful attempt.

4) After scoring, the player dribbles towards the opposite basket around the five cones, starting from the right side of the first cone with both legs always passing around the cones.

5) After dribbling around the last cone, the player arrives to the Position 4 and takes a 2-point shot behind the free-throw line. If the Player scores on the first attempt, the Player wins 2 points for the team. If not successful, he/she must score under the basket (no points are awarded).

6) After scoring, the player picks up the ball, continues by dribbling to the Position 5 and takes a 3-point shot. If the player scores on the first attempt, the player wins 3 points for the team, if not successful, he/she must score under the basket (no points are awarded).

7) After scoring, the player passes the ball to the next player (player # 2), waiting at the START position 1, behind the baseline. Once he/she receives the ball behind the baseline, he/she commences its turn by dribbling to position 2 and following the same exact order as the previous player.

8) Player # 1 goes outside the court and runs to half court line to position where player # 4 was standing with keeping the 2-m distance. Player # 4 moves to the position of player # 3. Player # 3 moves to the position of player # 2.

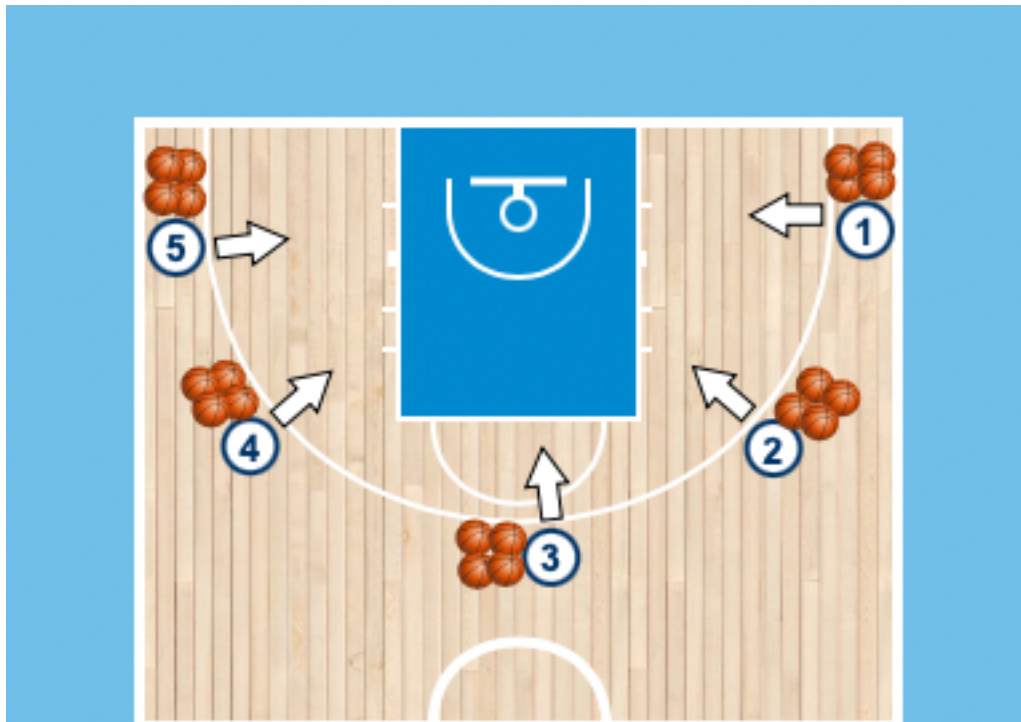
9) The challenge concludes after the 4th and last player scores his/her last basket and passes the ball to any other player on his/her Team, who is waiting at the START position behind the baseline. The clock (official time) shall stop when the player receives the ball.

10) The Final Score of a team is calculated by deducting the number of points accumulated during the Skills Challenge from the number of seconds needed to complete the Skills Challenge, displayed on the clock (official time).

11) When two (2) or more teams are competing, a team with the lowest final score wins the Skills Challenge.

Drill 2: 3-Points Contest

Each player will do the drill (20 shots/ maximum 1 minute time).



- Player 1 will start at Position 1: 4 shots at each position.
- First three shots are worth 1 point (if made).
- Last shot at each position counts for 2 points (if made).
- The player has 1 minute to take the 20 shots.
- Afterwards, it will be switched to player 2, then player 3 and player 4.
- The points from the 4 players are added up to get the finale score of this drill.