

## Registration Form

**CAMP PARTICIPATION:**

SOUTH  CENTER  NORTH

LAST NAME: \_\_\_\_\_ FIRST NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

GSM: \_\_\_\_\_ E-MAIL: \_\_\_\_\_

DATE OF BIRTH: \_\_\_\_\_

CLUB : \_\_\_\_\_

T-SHIRT SIZE: \_\_\_\_\_

To assess the potential of junior athletes for high performance and success at the elite level, we use selected criteria based on literature and expert knowledge. These include current performance, performance development, biological stage of development, resilience, psyche as well as anthropometric requirements. The two assessment criteria, performance development and current performance, are strongly influenced by the biological stage of development. During puberty, differences of up to 5 years in the biological developmental stage can occur in children of the same (chronological or calendar) age.

In the long run, by including the biological developmental stage, a fairer selection should take place and the promotion of athletes with the highest potential for the elite level should be better implemented.

Based on the measurement of height and body weight, the biological developmental stage can be determined using the Mirwald method (mathematical formula).

To determine the estimated adult height as an essential performance-determining factor, we use the Khamis-Roche calculation method. For this procedure, we need the following information from you:

Height of the mother in centimeters (cm): \_\_\_\_\_ cm

Father's height in centimeters (cm): \_\_\_\_\_ cm

PARENTS SIGNATURE PARENTS: \_\_\_\_\_

***PLEASE COMPLETE AND RETURN TO THE FLBB LATEST 03.01.2023***

***[fdeister@flbb.lu](mailto:fdeister@flbb.lu)***