Mini Basketball Rules

Topic	U12	U10
Size of Ball	Size 5	Size 5
Height of basket	2,80 m	2,60 m
Game Length	8 x 5 minutes (stopped)	3 teams: 16 x 3minutes (4 cycles) 4 teams: 12 x 3 minutes (3 cycles)
Number of players	8 - 10 players	9 - 12 players
Players on the court	4 vs 4	3 vs 3
Individual playing time	not more than 2 periods in a row at least 2 periods per game	at least one period each cycle (cycle = 4 periods (10-12 players) = 3 periods (9 players))
Substitutions	after every period	after every period
Number of gamedays	Regular gamedays	3-4 per trimester
Clock stoppage	on any dead ball	running clock
Timeouts	no timeouts	no timeouts
Scoring	Field goals: 2 points Free throw: 1 point	Field goals: 2 pts Foul + made basket: 2 pts Foul + missed basket: 1 point + possession
Winner	Points after every period: win: 3 pts draw: 2 pts loss: 1 pt	Points after every period: win: 3 pts draw: 2 pts loss: 1 pt
Visible score	after every period	no
Free throws	Free throws on shooting fouls 1 m in front of the FT line	no FT
Foul Limit / Team Foul	no personal/team fouls	no personal/team fouls
Backcourt violations	yes	no
Quick inbounds	yes, but only backcourt	yes, for all the inbounds
Set Defense	only man-to-man	only man-to-man
Double-Team/Crowding	not allowed	not allowed
3-, 5-, 8- and 24- seconds violations	not applicable no time-wasting	not applicable no time-wasting
Screens	not allowed	not allowed

